

## Typical Day Volunteering

- ❖ On a typical day, building work will usually take place in the morning up to the afternoon. So, your work hours might be from about 8am to 3pm.
- ❖ With the help of other volunteers, and under the guidance of an experienced builder, you'll do things like digging foundations, mixing cement, construct a roof, laying bricks, or plastering walls. It'll be tough but rewarding work, as you see the tangible results of your efforts.
- ❖ With the help of an experienced builder, you'll construct classrooms and other school needs. It will be tough work, but knowing that you're helping local communities will make the effort worthwhile.
- ❖ You might start the building process by digging foundations, or if you arrive near the end of a building's completion, you'll plaster and paint walls. No matter which part of the construction process you contribute to, you can be sure that you're adding a very necessary piece to the puzzle.
- ❖ You'll use locally sourced materials and you won't need any electricity at the site, because your building work is done by hand.
- ❖ You'll have your evenings free or teaching the kids and adults at the main daycare.

### **Free time Activities**

- ❖ A trip to Tanzania is the chance to experience life in the heart of Africa. There's plenty to see and do here during your free time on your project.
- ❖ A project in Tanzania wouldn't be complete without a safari! This is a chance to see the beautiful wildlife of this country, like elephants, rhinos, and lions.
- ❖ What's more, Tanzania is home to the highest mountain in Africa, Mount Kilimanjaro. Hiking around the base through lush vegetation is a peaceful way to spend an afternoon.
- ❖ Browsing through a vibrant, local market is a must while you're there. You can also spend time in our local village, getting to know a completely different way of life.
- ❖ There will likely be other volunteers in Tanzania with you. This means you have the option to explore the country independently or with a group of like-minded volunteers from different projects.

Here are a few more things you could do on your free time in Tanzania and East Africa.

- Swimming
- Sightseeing
- Shopping/Souvenirs
- Climbing
- Safari/Zoo
- Hiking
- Sports

### **Language Skills**

You need to speak English (basic level) Swahili a plus.

### **Nationality Restrictions**

No restrictions. Helping hands from all over the world are welcome.

### **Time Commitment**

Your helping hand will be required on Monday, Tuesday, Wednesday, Thursday and Friday from 08:30 - 13:00/2PM-4PM

## Services by International Minority Hub (IMH)

### What's Included

! A complementary Safari from us to you!!!

Make memories by visiting our famous sites in the world like Mount Kilimanjaro, Ngorongoro, Serengeti and Zanzibar.

! Transportation to and from the site.

! Housing

! Food

### Accommodation

- ❖ Volunteers are accommodated in a homestay setting where they will stay by themselves in their own hostel/home or choose to stay with a host family in Arusha. For Host family stays, they will welcome you into their home, eager to share their customs and have you teach them about your own culture. We believe that this is the best way to immerse yourself in the culture of Tanzania and have a truly unique experience but choices work as well.
- ❖ Volunteers can expect to share bathrooms with other volunteers of the same gender. Volunteers in homestays can expect to be living with other volunteers.
- ❖ Living is very basic but we try to make sure you are comfortable and most home stays have running water and electricity. Bedding is provided; however, you will need to bring your own towel and toiletries. It is also recommended to bring a sleeping bag for weekends away.
- ❖ During your stay you will have the help and assistance you need at any point. You will have a contact person for your group.

### Food & Beverages

Tanzanian cuisine varies across the country, Staple foods in Tanzania include rice, ugali (maize porridge), Potatoes, Cooked banana, chapatti and coconut milk. Volunteers are served three meals per day breakfast, lunch and dinner. Breakfasts generally consist of chai (tea), toast, fruit and mandazi (deep fried dough). A typical lunch can include meat and vegetables with rice and fruit, while dinner usually sees traditional food, such as ugali and chapati accompanied by meat and vegetables. If you have any special dietary requirements, please let us know so we can make arrangements for you. We will do our best to see that you are well taken care of, but as a volunteer, there is a need to be flexible.

### Internet Access

Good access at the home stay. NOT at sites!

## **What's NOT included!**

Visa, flights, travel insurance or vaccinations are NOT included in the program fees. Airport pickup is included within the program fees either.

### **Flight Tickets**

The nearest airport is Kilimanjaro International Airport (JRO) in Kilimanjaro. We assist you to find cheap flights to Tanzania.

### **Travel Insurance**

Going abroad is an adventure and it is always best to be prepared. Sudden illness or injury, cancellation or theft - a travel insurance for Tanzania provides security and is a plus to have.

### **Vaccines**

If you are intending to volunteer in Tanzania you should seek medical advice before starting your social journey. Check your required vaccinations for Tanzania.

### **Dates of Availability**

Availability

Jul – 20<sup>th</sup> -August 16<sup>th</sup> 2023: August 20<sup>th</sup> – Sept 20<sup>th</sup> 2023: Dec 22<sup>nd</sup> – Dec 30<sup>th</sup> 2023

To volunteer for our construction Project please fill the form below: